

SVFCU to Host 5K Run/Walk to End Hunger

On **July 25th**, your Credit Union will be sponsoring its first...

“Run to End Hunger” 5K run/walk.

Date:	July 25, 2009
Start Time:	8:30am
Entry Fee:	\$20 (\$15 if received by 7/17/09) Donations accepted!
T-shirts:	First 100 registrants will receive a t-shirt
Awards:	Will be given for the top finishers, by category (see registration form)
Refreshments:	Will be available after the race
Course:	This relatively flat course starts near the Credit Union on Somerset Ave., takes a tour of the Forest Park Subdivision, coming out on Hartland Ave., down Sebecook St., Main St., then the home stretch to the start/finish line.

This event, open to runners and walkers of any level of skill, is to raise funds for local food banks that serve in the surrounding area.

Over the years, SVFCU, with the support of its many members and sponsors, has contributed to the “Ending Hunger in Maine” campaign, which is a 501(c)(3) organized through the Maine Credit Union League. By pooling our resources with other credit unions in Maine we have been able to advance the cause of ending hunger in Maine. In 2008 Credit Unions, collectively, were able to set a new record of \$375,296.59 which surpassed the previous year’s totals. Over \$3.1 million has been raised since 1990.

As a proud participant in this worthy program, your Credit Union recently raised and distributed \$11,007 to five organizations in the Sebecook area that provide food to those in need. Since the beginning, SVFCU has provided over \$50,000 locally in support of this cause.



**Sebecook Valley
Federal Credit Union**
Supporting Our Local Community

The “Run to End Hunger” 5K run/walk starts will kick-off the Famous Big Parade.

To register go to www.svfcume.com and click on the link. Return completed form and payment to:

Sebecook Valley FCU
Attn: Kelley Carter
P.O. Box 10
Pittsfield, ME 04967

For more information, call Kelley at 207-487-5576 or email to kcarter@svfcume.com

SVFCU's Run to End Hunger 5K Run/Walk

Proceeds to benefit local food banks that serve the Sebecook Valley Region

Date: Saturday, July 25, 2009

Time: 8:30am

Pre-register by: July 17, 2009

Entry fees:

- \$20 day of race (\$15 if received by 7/17/09)
- Children under 10 free

This relatively flat course starts near the Credit Union on Somerset Ave., takes a tour of the Forest Park Subdivision, coming out on Hartland Ave., down to Sebecook St., Main St., then the home stretch to the start/finish line.

For more information or to register call: Kelley Carter at 487-5576 or visit www.svfcume.com/roadrace



Sebecook Valley Federal Credit Union

Supporting Our Local Community



T-SHIRTS

The first 100 registrants will receive a t-shirt

AWARDS

Awards will be given for the top finishers in the following categories:
Overall, 18 & Under, 19-29, 30-39, 40-49, 50-59, 60+

POST-RACE

Refreshments will be available after the race.

I know that a run/walk event is a potentially hazardous activity. I should not enter a run/walk event unless I am medically able and properly trained. I agree to abide by any decision of a race official regarding my ability to safely complete the event. I assume all risks associated with entering this event including, but not limited to: falls, contact with other participants, the effects of the weather (including high heat and humidity), traffic and conditions of the road; such risks being known by me. Having read this waiver, I release Sebecook Valley Federal Credit Union, its board of directors, employees, agents, and individuals acting on the Sebecook Valley Federal Credit Union's behalf, including race directors, volunteers, the Town of Pittsfield and its police and emergency personnel.

Mail form and entry fee to:

Sebecook Valley FCU
c/o Kelley Carter
P.O. Box 10
Pittsfield, ME 04967

Phone: 207-487-5576
Fax: 207-487-3129

Email: kcarter@svfcume.com

Name _____

Address _____

Phone _____

Sex _____

Age on race day _____

T-shirt Size: S M L XL
(circle one)

Signature _____

Date _____

Signature of parent or guardian if under 18 years of age. _____

Date _____